



Break the cycle of back and joint pain and control soaring costs

1 in 2 employees have a musculoskeletal (MSK) condition

And, costs continue to rise due to multiple barriers:

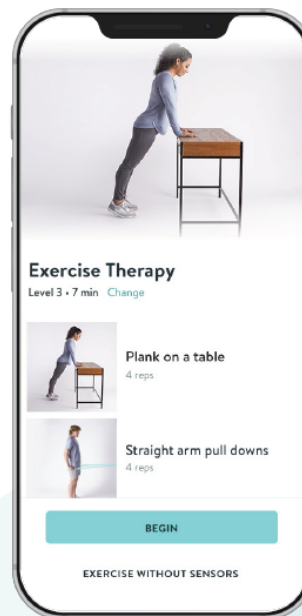
- ▶ Physical therapy alone doesn't address all MSK care needs
- ▶ Members disengage without the right tools and support
- ▶ Lack of early interventions before conditions advance

A comprehensive solution to reduce pain and spend

The Hinge Health Digital MSK Clinic™ reduces pain, opioid use, and surgeries with care across the whole MSK continuum: prevention, acute, chronic, and surgery.

Only Hinge Health combines a clinical care team, advanced motion technology tracking, and a wearable pain relief device. And, HingeConnect integrates the Digital Clinic with 750,000+ in-person providers to enable real-time interventions.

Give employees access to their care team, exercises and education right from the palm of their hand



70%
of members still do Hinge Health exercises after 2 years¹

3.0
average sessions completed per week per member²

Sources: 1 (2021) 2-year Outcomes Study; 2 (2022) Hinge Health Book of Business.

#1 Digital MSK app

4.9★ rating based on 8000+ reviews

The Hinge Health difference



Complete Clinical Team

Physical therapists for physical recovery

Health coaches for lasting behavior change

Surgeons & physicians for Expert Medical Opinion

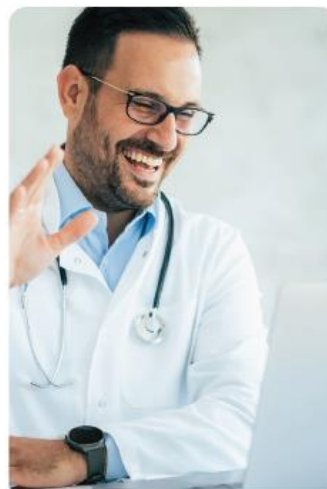


Comprehensive Technology

Enso, non-addictive wearable pain relief device

Advanced motion tracking with computer vision and sensors

All-in-one app experience



Connected Care

Integrated EMR data with HingeConnect

Real-time interventions for alternatives to surgery

Coordinated and personalized care

The most trusted solution

4 out of 5 employers with a digital MSK solution, and 90% of health plans, choose Hinge Health — you can be confident in partnering with us. With easy implementation at no-cost, no contracts and hassle-free enrollment, you can be up and running in 60 days or less.

It's time to get the relief you and your employees need.

Clinically proven outcomes

69% average pain reduction
per member

2 of 3 surgeries avoided

Source: 10,000 participant Longitudinal Cohort Study (2020)

Trusted by 600+ clients and available to 14M+ lives

Walgreens

SISC

NJDPB
Explore Your Benefits

US
FOCUS

FUJIFILM

salesforce

AutoZone