If you test positive for COVID-19 or have been exposed to the disease, a health worker will contact you directly. They will identify themselves and tell you how they received the information. They may ask you to self-isolate for 14 days or seek medical care if you have symptoms of the disease.

The health worker will ask you about any close contact you’ve had with others, like people in your household or anyone who has been within six feet of you for 15 minutes or longer. A health worker will reach out to your close contacts and may ask them to self-isolate for 14 days. Anyone showing symptoms of COVID-19 will be tested for the virus.

If your close contacts have been in close contact with others, a health worker will reach out to those people as well.

If they have no symptoms after 14 days, your close contacts are not at risk from developing COVID-19 from you.

To find your state, local or tribal health department, visit https://www.cdc.gov/publichealthgateway/healthdirectories/index.html